



## October 2022 BELLRINGER E-BLAST

Helen Reid - Editor, President

[president37@districts.rtoero.ca](mailto:president37@districts.rtoero.ca) <http://tinyurl.com/rtoerooxfordrecroom>

### Highlights from District37 Oxford Board Meeting

- RTOERO continues to build partnerships and Invited by the *International Longevity Centre of Canada* to join meetings in Ottawa.
- RTOERO partnered with the *Canadian Foundation for Economic Education*. Workshop on *Let's talk money for seniors* is available to Districts to host.
- Welcome Back Gathering preparations finalized. 75 members attending.
- RTOERO District 37 Wreaths will be presented at the cenotaphs in Ingersoll, Tillsonburg and Woodstock. Members from the Executive Board to lay the wreaths.
- Helen, Karen M. and Perry attended the *Create and Communicate Workshop* in Toronto. Our new website will be open October 31st. Helen, Karen and Perry to receive training.
- Budget Committee formed. Janet, Helen and Mary Anne will develop a draft budget for 2023, after receiving requests from all the Chairpersons of committees. The draft budget will be brought to our Board for approval and then published in the 2023 Winter Bellringer Newsletter.
- RTOERO Forum to be held October 26,27. Helen to attend in person and Lilly and Heather via Zoom.

### New Retirees (2020,2021,2022) invited to “Stay Connected”

#### Luncheon



**Wednesday, November 9th 12:00 - 2:00 pm**

**College Avenue Secondary School**

Join with other new members and our Executive for a delicious lunch and lots of sharing on what RTOERO offers you nationally and locally. ***We are more than insurance!***

Learn about:

- the research projects we fund
- the strong advocacy voice we have for senior rights, environmental issues, health care, etc.
- how we give back to our communities
- how you can take advantage of the perks we offer: Vengo, Best Doctors, Iris, etc.

- how you can stay connected and involved by supporting our projects, enrolling in events, helping out on a committee or attending zoom executive meetings

We have something for everyone! RTOERO District 37 hopes to see and welcome you officially. Click on the link below to register. Deadline November 2nd.

<https://forms.gle/G6hABDCj3Byfzay36>



## Chair yoga returns in the fall Due to popular demand.

John will once again guide us through the motion to energize our spirits and improve our mobility. You are only required to register once for the following sessions: November 2 2022 November 9 December 7 January 11 2023

If you must miss one of the sessions, please advise [hwb@rogers.com](mailto:hwb@rogers.com) Complete to registration by clicking on: <https://forms.gle/3J4UnwQu4ikAVgaeA>



## A volunteer is need for for a Grade 2 student in Woodstock who has cancer.

The President of District 8 made the request. Please consider and contact Jackie Kinder below at:

Childcan, 792 Commissioners Rd W, London, ON N6K 1C2

P: 519-685-3500 F: 519-685-3549

[www.childcan.com](http://www.childcan.com) [jackie@childcan.com](mailto:jackie@childcan.com)

*Volunteers don't necessarily have the time; they just have the heart.*