



February 2023 BELLRINGER E-BLAST

Helen Reid - Editor, President president37@districts.rtoero.ca

Our Rec Room <http://tinyurl.com/rtoerooxfordrecroom>

Our Facebook Page <https://www.facebook.com/RTOERODistrict37Oxford/>

Our Website <https://district37.rtoero.ca/>

Highlights from District 37 Oxford Board Meeting

- Reviewed the financial reports for the 2022 year to be sent to the Head Office.
- Approved the Fund Reduction Plan for our reserves for 2023 and 2024 to be sent to the Head Office.
- Karen Miller, Linda Dilanni, Helen Reid to be the Corporate Members to attend AGM May 16-17 in Toronto.
- Supported the intention of District 37's motion, that the minimum annual grant be increased to Districts.
- Discussed plans for succession planning and reaching out for new members.
- Our Facebook Book will be used more extensively in the future for members to join groups and to register for events. Please pop in and "like" us.
- Helen to attend Marketing & Communication Meeting in Toronto Feb. 8-9
- Janet to follow up with a Community Grant Project with the Sweaburg Lions Club.
- **Note: *Approved detailed minutes are posted in our Rec Room for members to read.***



Financial Considerations for Estate Planning

Matt Stiller, financial planner, returns to provide an informative seminar on estate planning and the financial implications.

Wednesday, February 22nd 7:30 p.m. by ZOOM

Seminar is free to members, their guests and actively employed. Link will be sent closer to the date.

Please register at: <https://tinyurl.com/rtoeroestateplanning>



We need your help in planning future seminars. We will follow up with your suggestions.

Please take a minute to complete the survey.

<https://tinyurl.com/RTOEROWellnessSurvey>



Cooking for One or Two

Looking for recipes for one or two people? Here is a good link with recipes geared to cooking for one or two people:

<https://onedishkitchen.com/>

Janet Thomson, one of our Executive members, has tried several recipes from this site and quite enjoys their recipes. She uses the Baked Brown Rice recipe instead of cooking rice on the stove. Works every time! This website link will be posted in our RTO Rec Room <http://tinyurl.com/rtoerooxfordrecroom> for further reference.

Soup Ideas

Looking for some new soup ideas? On February 10 (Friday), check out our RTO Rec Room <http://tinyurl.com/rtoerooxfordrecroom> for several soup recipes and a video where Janet Thomson will share a couple *of these recipes*.



Upcoming Events

- Chair Yoga** - Feb. 8, March 1, April 5, May 3
- Bridge Tournament** - May 24th at Ingersoll Seniors Centre
- Spring Luncheon & AGM** - June 7 - South Gate Centre Woodstock
- Bellringer Breakfast** - Sept. 5 Louies in Ingersoll
- Fall Luncheon** - Oct. 11 - South Gate Centre Woodstock



Do not forget to sign up if you can help us out with an event or committee.

<https://tinyurl.com/rtoerohelpinghand>