



December 2023 Bellringer Eblast

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From: Helen Reid •
annemckern@virginmedia.com
To: rtoerooxford@gmail.com
Date: Nov 28, 2023, 10:37 AM
Standard encryption (TLS).
View security details

PLEASE, PLEASE do not open or respond to a suspicious email! This is the time when scammers are emailing and masking as a friend or family member to solicit funds by asking you to buy gift cards. They use the name of someone you know. You can discover the fraud by taking your mouse and hovering over the name in the “From” at the top of the email. The email address of the scammer will be revealed. This kind of scam is called “spoofing”.

Here is an example of a scammer who sent a message to the RTOERO mailbox pretending to be Helen Reid. When Cliff ran the cursor over my name, the scammer’s email came up. Again, **PLEASE, PLEASE** be aware! Spoofing does **not** mean the person has been hacked. This is different. Cliff will run another article in our next newsletter.

Upcoming Events - Lots happening! Register early!



Preservation Station Workshop (Free)

Thursday, January 18, 2024 - 10:30 a.m. to Noon
Woodstock Public Library - Main floor Meeting Room

Workshop size - limited to 10 people Do you have photos or documents that you would like converted to a digital format so you can store or share it easily? Woodstock Public Library established a Preservation Station in the fall. It allows people to convert photos, paper documents, 35 mm slides or film strips, 8 mm and Super 8 film, VHS cassettes and medium format film (6 x 20 cm and 4 x 5 in). The workshop is an overview of how to use the equipment and is open to RTO members and their guests. You do not need to be a member of the library to use the equipment. Please bring a few photos or documents and a jump drive if you would like to start trying the equipment.

As a follow up, using the equipment is on a first come, first serve basis. To sign up for this workshop, please click the link below and submit your registration information:

<https://forms.gle/CRvC5oSC4kMUWqVQA>

If you have any questions about the workshop, please contact Janet Thomson at jthomson@oxford.net or by phone (519) 421-2782



Cooking for One or Two Workshop (Zoom workshop)

Thursday, January 10, 2024 - 10:00 to 11:00 a.m.

Would you like some quick and easy recipes to use when cooking for one or two people? Janet Thomson will make three recipes and provide additional website links for other places to find recipes for one or two people. You can watch or cook along and get a couple of meals ready. Recipes will be sent out in advance so you can get the ingredients to cook. We will also have time for participants to share or ask questions. To register for this virtual Zoom workshop, please click the link:

<https://forms.gle/de1v9CQ6St2otWLy7> If you have questions, you can contact Janet Thomson at jthomson@oxford.net or by phone at (519) 421-2782.



Calling all RTOERO Oxford Artists and Friends

Become a Member of the "Oxford Artists - District 37"

- *Do you currently paint in watercolour, acrylic, and/or oils?*
- *Are you a new painter looking for a community opportunity to paint with others?*
- *Are you wanting to expand and continue learning new techniques amongst friends and make new connections?*

RTOERO members and friends are invited to come together and meet once a month at St. David's Church on Springbank Avenue, Woodstock on the first or second Wednesday. During our meeting time, each member would work on an art project, and through casual discussion, share their expertise to the group with assistance to newer painters. This opportunity would allow new and developing artists to become part of a larger painting community and exchange information to make it all happen. We encourage all levels of eager artists to join us. We may begin as a small group, but we aim towards future growth. Opportunities to invite established guest artists to lecture and demonstrate would also be a goal.

Meeting Dates: January 10, February 7, March 6, April 3, May 1

St. David's United Church, 190 Springbank Avenue, Woodstock, ON N4S 7R1 Friendship Room

Time: 1:00 - 4:00 pm

Artist Member Registration Fee: \$ 20.00/participating artist to support room rental costs.

Registration is open to RTOERO members and their friends

Registration Link: <https://forms.gle/8jN5FtLvKcN96XpC7>

Contact: For further information contact Karen Miller, District 37 RTOERO

at millerk@rogers.com



Zoom Painting Class with artist, Janine Marson

Thursday, February 22 2024 9:30 a.m. - 12:30 p.m. Painting subject is *The Red Maple* by A.Y. Jackson

No cost for the class but Students will provide their own materials (a materials list will be sent to participants upon registration).

Registration Link: <https://forms.gle/JvGrgBEYHxd3vvLKA>

Open to RTO Members and their guests. **Register before February 1, 2024** *Class size is limited, so register early!*

Participants will join Janine Marson in the fun, hands on, Zoom workshop and learn how AY Jackson created his painting by doing your own version. You will work alongside this experienced painter and instructor. Janine will guide you step by step; send you the image to have on hand, give you a list of colours, what brushes to use for the class, so you can enjoy the process of painting.

RTO/ERO District 37 is very lucky to have Janine Marson, an experienced and qualified art instructor who has been igniting the art spirit of hundreds of students for over 25 years, guide us through this painting activity. She has taught for over 10 years in the Haliburton Summer School of the Arts Program where she developed a course “Composition and Colour for Painting” Janine also teaches as Faculty during the fall semester in the HSA+D Drawing and Painting Certificate Program. Janine trained herself how to conduct Zoom Online Art Mentoring as well as offer in person Master Art Classes from her studio in Huntsville.

Janine Marson is a seasoned Master Artist who has produced wildly successful solo shows such as “Rural Roots” in 2019, with a collection of 50 paintings and in 2017, “Through Tom's Eyes” a collection of 110 originals sold out. Over the last 25 years, Janine has exhibited in many group and solo shows, such as Landed, Muskoka Arts and Crafts, and The Huntsville Art Society.

Janine has been a Mural Painter for The Group of Seven Outdoor Gallery and has painted: “Night Pine Island” by A.Y. Jackson, “The Blue Heron” by A.J.Casson, “Winter in the Northern Woods” by Lawren Harris and assisted with the Oxtongue Lake Community Mural of “Ragged Falls” by A. J.Casson. Over the years she has painted canoes for the HFA Huntsville Festival of the Arts- Canoe Mural Festival in 2021 of “Northern River” by Tom Thomson. She painted a rendition of “Northern River” on the HFA Play Me Piano in 2017 as well as participated and painted Canoe Paddles for Paddle Art Events by Algonquin Outfitters and even painted on a violin.

RTO/ERO contact: Karen Miller, millerk@rogers.com If interest is there, we may offer two more classes in the future.



Vaccines for older Canadians - an update on what you need to know. Please view the recording from the National Institute on Ageing of the webinar presented November 13th.

<https://youtu.be/QGgGM6JLx54?si=yNNY7kPF6iA4I5Yg>

Links to related NIA resources:

<https://www.niageing.ca/vaccines>

<https://www.niageing.ca/covid-19vaccines>



Bridge Basics 1 & Refresher Course

The course will use the Audrey Grant “Cards on the table” methodology. The instructor, Helen Reid, is an accredited teacher of the Audrey Grant Teacher Training Programme and certified through ACBL.

- The Basics of play, trump, bidding, responding, taking tricks, planning
- Notrump Opening Bids and Responses
- Major Suit Opening Bids and Responses
Minor Suit Opening Bids and Response
- And lots of fun!

When: March 7 2024 to May 2 2024 (8 weeks) 1 p.m. to 3 p.m. (No class April 11th)

Where: Ingersoll Services for Seniors located at 250 Ingersoll St. South, Ingersoll ON N5C3J7
519-485-3869

Cost: \$100.00 includes \$80.00 for lessons and \$20.00 for Audrey Grant Book (**Santa hint:** This course would make a great Christmas present!)

Minimum of 12 people Maximum of 32 people.

Must register by: February 16th as the books need to be ordered. For questions contact: Helen Reid 519-914-8788 or email at rtoeroxford@gmail.com Register in one of two ways.

Online Click the link to complete registration: <https://forms.gle/YKoS42Sx5NDb4xUf8>

Click the link to pay \$100.00 <https://www.rto-ero.org/payment-d37>

In person at the Reception Desk, Ingersoll Services for Seniors located at 250 Ingersoll St. South, Ingersoll ON N5C3J7 and bring a cheque.



RTOERO Scholarships RTOERO is awarding 20 scholarships valued at \$3000 each to post-secondary (college or university) students enrolled in programs that lead to careers in either seniors health and wellbeing; education; environmental stewardship; or that reflect a strong commitment to diversity, equity and/or inclusion. RTOERO members are encouraged to recommend students in their lives, including family members, who meet the criteria. For further details, click this link and forward the link to the student you are recommending so they can apply:

<https://rtoero.ca/giving-back/scholarships/>